Appendix 1: Continuing professional development portfolio

Continuing professional development (CPD)

CPD is a requirement of registration in Australia. Every year when you renew your registration, you will be required to sign a declaration stating that you have met the Physiotherapy Board of Australia’s CPD requirements. This portfolio provides one example of how to record your professional development plan and activities to meet the Board’s requirements. All your CPD, including that not directly related to your goals, should be recorded. A minimum of 20 hours of CPD is required annually.

Reflection and impact on practice

Reflection and reflective practice is considered an important component of professional competence. Reflective practice includes the planning of professional development, goal setting and reflection on possible changes to practice as a result of learning.

Name: Registration period:

Relationship of professional development plan to current or future chosen scope of practice:

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| Development plan goals | Outcomes |
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Formal learning activities

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| --- | --- | --- | --- | --- |
| Date | Activity | Time | Provider | Reflection |
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Non-formal and incidental activities

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| --- | --- | --- | --- | --- |
| Date | Activity | Time | Provider | Reflection |
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