Professional development is essential to providing safe care.

Now’s the time to make sure you are meeting your professional obligations as a registered physiotherapist, including continuing professional development (CPD)

You could be audited for CPD any year, so it’s important to always be audit ready.

Make sure you read, understand and put in action the Board’s CPD requirements. The Board’s CPD registration standard, guidelines and resources are available at www.physiotherapyboard.gov.au.

Five stages of CPD

1. **Plan**
   - Consider your role and the services you provide, for example identify and document CPD opportunities.

2. **Do**
   - Participate in a range of activities directly related to your physiotherapy practice. Choose suitable activities that address your CPD needs.

3. **Record**
   - Keep a record and evidence of your CPD activities in your CPD portfolio, for example reflections, certificates and receipts. Remember to store your CPD records safely for five years.

4. **Reflect**
   - Consider how the activity has enhanced your practice. Reflect on what you have learned in your CPD portfolio.

5. **Practise**
   - The Board requires you to have completed the minimum CPD requirements of 20 hours over the past year.

**Remember:**
- You declare when you renew your registration whether you meet the Board’s CPD requirements.
- You should store your CPD records safely for five years.
- It’s up to you to plan your CPD activities.
- CPD helps you expand your knowledge and skills: good news for your patients.